

【休闲学（英语）】

【Leisure Introduction】

1. Basic Information

Course Code: 【2060678】

Course Credits: 【2】

Major: 【Tourism Management】

Characteristic of The Course: 【Department Optional Courses】

School: Department of Construction Management, Business School

Teaching Materials and Textbooks:

Textbook 【Recreation and Leisure in modern society, Daniel D.Mclean, Jone and Bartlett Publishers】

Bibliography 【Introduction to recreation services. Karla A,Venture Publishing,Inc】

Preface Course: 【Tourism Introduction 2060482(3)】

2. Course Description

The course is the one which having the frontline theories based on tourism, recreation and amusement industry. Related research in China grows rapidly in recent 20 years. In this case, the course promotes students to understand the importance of leisure life to individual and society, obtain leisure knowledge and then refresh personal perspective on leisure life. It aims to inspire students to balance the study and leisure and take actions to better their own life quality.

3. Suggestion for Choice of the Course

This course is very well suited for junior students majoring in Tourism Management.

Basic knowledge of Management is required.

Learners are expected to dedicate 16 weeks of study, 1-2 hours/week.

4. The Correlation of Curriculum and Graduation Requirements

Graduation Requirements	Relation
LO11: Understand the viewpoints and needs of others, can clearly express their own work ideas and working methods, and can communicate written, oral, and artwork on construction management on different occasions.	●
LO32: Ability of design tourism product and event	●
LO81: it has the basic ability to express communication and cross -cultural understanding in foreign languages, and has the awareness of international competition and cooperation.	●

LO=Learning Outcomes

5. Course Objectives / Course Expected Learning Outcomes

No.	Course Expected Learning Outcomes	Course Objectives (Detailed Expected Learning Outcomes)	Teaching and Learning Methods	Assessment Methods
1	LO112	Express professional opinions in English properly; Ability of writing and speaking in English.	Instruct students to discuss and express opinions with others.	Discussion Presentation Lecture.
2	LO321	Ability of analyzing leisure needs through data collecting and analysis.	Case study Group work. Guiding service	Discussion Presentation Assignment
3	LO811	Ability of solving practical problems in different situation;	Lecture. Students are required to discuss, communicate and answer questions in English. Group learning.	Discussion Presentation Final exam.

6. Course Content

Chapter 1 Basic concept Theory class hour: 10

Content:

- Introduction
- 1.1 The meaning of Play
- 1.2 The meaning of Leisure
- 1.3 The meaning of Recreation

Knowledge Requirements:

- ① Understand the importance of leisure life ;
- ② Be familiar with the conception and characteristics of play, recreation and leisure

Ability requirements:

- ① Express one's view on concepts;
- ② Undertand the keypoints of play, recreation and leisure.

Teaching Emphasis:

Leisure life to individual and society; the meaning of leisure

Chapter 2 Personal leisure perspectives Theory class hour: 8

Content:

2.1 Motivations for leisure participation

2.2 Leisure for different age group

Knowledge Requirements:

- ① Conception of Motivation;
- ② The characteristics of leisure activities for different age group;

Ability requirements:

- ① Skills of analyzing different age group;
- ② Ability of analyzing the motivations pushing different group to do leisure
- ③ Helping students themselves to build relationship between others.

Teaching Emphasis:

Understanding of motivation for different groups.

Chapter 3 Socialculture factors influencing leisure Theory class hour:8

Content:

- 3.1 Gender factor influencing leisure
- 3.2 Race and ethnicity factors influencing leisure

Knowledge Requirements:

- ① Basic knowledge about gender, race and ethnicity ;
- ② Understand the process of how gender, race and ethnicity affecting leisure activities;

Ability requirements:

- ① Ability of using gender, race and ethnicity properly;
- ② Communicate with others on leisure issues with objective views;

Teaching Emphasis:

How gender, race and ethnicity affecting leisure behaviors

Chapter 4 Travel and tourism Theory class hour:6

Content:

- 4.1 Scope of tourism
- 4.2 Marketing advance in travel and tourism
- 4.3 Sports tourism

Knowledge Requirements:

- ① Concepts of tourism, sports tourism ;
- ② Understand the different types of travel interests and their development;

Ability requirements:

- ① Ability of analyzing the tourism development;
- ② Ability of analyzing the sports tourism industry based on its concept;
- ③ Understand the characteristics of travel interests;

Teaching Emphasis:

Principle of travel interests development

7. Grading Policy

Grading Computation	Exams and Assignments	Percentage
X1	Final Exam	40%
X1	Class Participation	15%
X2	Paper	15%
X3	Report & presentation	30%

Instructor:

Dean's signature:

Time: Feb 27, 2024

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